

Baseline Concussion Testing

Covered by most Extended Care Health Benefits!!

*Eligible for reimbursement through physiotherapy benefits

Concussions are an injury to the brain that, if not dealt with appropriately, may cause long-lasting damage. They are a serious issue and require immediate care and attention. Research shows that having a Baseline Test prior to a concussion helps clinicians make Return to Play decisions with a higher level of efficiency, precision and safety.

Why YOU need a Baseline Test!

1. A Baseline test provides objective information from **healthy athletes** prior to receiving a concussion.
2. Tests include balance, reaction time, strength, memory, concentration, visual tracking, processing speed, and provides doctors and clinicians with an indication of how your brain works when healthy.
3. In the event of a concussion, athletes are re-tested and compared to their baseline results in order to make a proper diagnosis as well as safe return to play decisions.
4. Baseline testing provides doctors and clinicians with a more accurate determination of brain recovery following injury.

What Sports Medicine can do for you!

1. Direct access to our clinical team within **24 - 48 hours** of a possible concussion.
2. Supervise a 10 step Return to Learn and Play process to ensure athletes are progressed and monitored step by step toward a safe and full recovery prior to returning to their sport.
3. Work with your physician to provide education, treatment and coordinate 360-degree communication with the parent, coach and physician.

LET US HELP YOU GET BETTER, FASTER!

Watch our Baseline Video

https://www.youtube.com/watch?v=Eal74qJl_o8

Book today!

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